

# TRAUMA-INFORMED PRACTICES FOR SCHOOLS

1 IN 4

children have been exposed to a traumatic event that may have a lasting impact on the well-being and functioning of students and their families.

Understanding how trauma impacts students and adopting a trauma-informed approach, empowers educators to play a crucial role in mitigating both the short and long-term effects.

Trauma-Informed Practices for Schools (TIPS) learning modules assist schools to increase capacity to implement and sustain a trauma-informed system through **EXPLORATION & INNOVATION.**

*The availability of prevention & early intervention programs for children & families is essential to effectively address some of our communities' toughest behaviors health challenges like opioid addiction & suicide.*

HEATHER SIMONICH  
PATH North Dakota



## ENHANCING PSYCHOLOGICAL SAFETY

Informs how schools can provide predictability, set limits, build competence and opportunities for building supportive relationships with the intention of helping students & staff feel safe at school to promote learning.

## PROMOTING SOCIAL-EMOTIONAL LEARNING

Using CASEL's five social-emotional competencies, learn to explicitly teach and promote social-emotional learning through classroom and school-wide approaches.

## IMPLEMENTING & MAINTAINING RESTORATIVE DISCIPLINE PRACTICES

Expanding on Positive Behavior Interventions & Supports (PBIS), explore how schools can use instances of misconduct as learning opportunities through restorative practices.

## ENGAGING FAMILIES

Students with engaged caregivers attend class more regularly; demonstrate higher levels of academic achievement; and exhibit more positive behavior. Examine current strategies & learn effective ways to maximize engagement.

## COLLABORATING WITH COMMUNITY PARTNERS

Partnerships and collaborations, although challenging to create & maintain, can bolster student success. Equip your school to recognize & respond to the impact of traumatic stress by partnering with agencies and other support services.

# TIPS Needs Assessment

Attend a facilitated session designed to assist educators in completing the Trauma-Informed Practices for Schools (TIPS) Needs Assessment. This will aid in the assessment of progress toward creating and maintaining trauma-informed learning environments. The TIPS Needs Assessment serves as a framework to enhance a school system's trauma-informed practices

## Upcoming Sessions:

Nov 12th in Jamestown; 8:00-4:00pm

Nov 13th in Bismarck; 8:00-4:00pm

Nov 14th in Minot; 8:00-4:00pm

\$750/per team

\*rate is reduced by current grant funding



## PROJECT COORDINATOR

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